## **HOW TO USE PROMISE CARDS**

Promise cards are a powerful way of encouraging members to commit the whole of their lives to God. They cover seven different parts of life and seek a commitment to each one.

Give one card to each person in an audience and then prayerfully go through each of the seven topics, using Bible verses and testimonies to encourage faithfulness in each area. The people then sign and date it at the bottom and keep their card as a Bible bookmark reminder of their commitments.

Please also use them at leadership meetings, and encourage the leaders to use them with their churches, small groups, families and individuals.

GOD FIRST		
	I PROMISE:	
C	To SET APART the first moments of each day to commune with God through PRAYER, BIBLE STUDY, the Spirit of Prophecy, Sabbath School lessons and FAMILY WORSHIP.	
5	To <b>IMPROVE</b> my <b>RELATIONSHIPS</b> by growing in love, forgiveness, and reconciliation.	
考	To ESTABLISH one new HEALTHY HABIT to better serve the Lord with my body and mind:	
	To <b>DEVOTE</b> regular time each week to <b>WORK</b> for God, spreading the good news to others through Bible studies, small groups, etc. (TMI).	
7	To <b>KEEP</b> the <b>SABBATH HOLY</b> by preparing on Friday, keeping its guidelines and thinking and doing God's ways.	
10	To <b>FAITHFULLY RETURN</b> the Lord's <b>TITHE</b> (10% of my income).	
%	To <b>DEDICATE</b> a percentage ( %) of my income as a regular <b>OFFERING</b> to the Lord	
WITH GOD'S HELP:DATE:DATE:		
STEWARDSHIP MINISTRIES		

"When using Promise cards, there are no magic words that will touch peoples' hearts and motivate them to commit. We need to seek a special portion of the Holy Spirit from the Lord, and then believe that the Spirit will work in the hearts of people in a way that we are unable to. When, as Christ's representatives, we invite people to commit and to vow about important points related to their spiritual life, the Holy Spirit works and many will respond."

Pr Marcos Bomfim, General Conference Stewardship Director



Download and print Promise cards in other languages https://stewardship.adventist.org/commitment-card-promise









